



## GREETINGS DON DIEGO MEMBERS



Goodbye, adios, arrivederci to spring and the 2008/2009 ski season. Welcome, bienvenitos, and accueil to the coming summer and the associated activities. Yes, it's time to switch gears, wax and bag the skis. and get involved in the summer thing.

We have listed some of the summer activities in this SKI CHATTER that your club has planned and I hope that you can participate with your other club members. If you have an idea on an activity that you think the club would be excited about, please bring it to our attention, and we will try to introduce in our schedule. If you have pictures of a summer trip or activity send them to Karl for input to the news letter (which will be the September issue).

The post ski trip party was a great event showing that it might be an annual happening.

We have no scheduled ski meetings at this time for June, July, and August. You will be reminded of club activities and/or meetings by email.

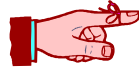
Have a great Summer.

*Larry Pickering - DDSC President*

## Please Note:

**SKI CHATTER** will be taking a summer hiatus. There will not be a July or August issue; the next issue will be the September issue (available at the end of August). Please check our website for current club information.

## Upcoming Activities



The next Don Diego Ski Club meeting will be in September to start the new ski season. Time and location will be announced via our website and email.

### Thursday, June 4th thru Sunday, June 7th -

#### Far West Ski Association (FWSA) Convention:

At the Peppermill Resort Casino in Reno, Nevada. See the flier on page 3 for details.

### Sunday, June 7th - Champagne Sunday Brunch:

Join Dale and Judy at 11:00 at the Brigantine in La Mesa located at 9350 Fuerte Dr., La Mesa. Brunch is ordered off the menu and prices range from \$17 - \$24. One check for the entire party. Dale will be the collector of funds, so please bring cash. Maximum number of people that can be accommodated is 20. This is our THIRD Brunch and fun is had by ALL. Sip a glass of CHAMPAGNE and celebrate the beginning of Summer. RESERVATIONS ARE REQUIRED. E-mail Bonnie at [bjfritts@cox.net](mailto:bjfritts@cox.net) or call 858-748-8110.

### Tuesday, June 16th - Balboa Park :

When was the last time you were at the Mingei International Museum? This Museum is dedicated to art of the people (mingei) from all eras and cultures of the world. Mingei International Museum features dynamic, changing exhibitions of historical and contemporary folk art, craft and design. Plan to be there at 10:30AM and we can do Lunch in the Park after.

### Saturday, June 20th - PADRE GAME:

See the flier on page 3.

### Monday, July 6th - Balboa Park:

Reuben H. Fleet Science Center - Senior Mondays 65+ Educational Programs, IMAX Films and Exhibit Galleries for \$6. Come early and enjoy the Science Center. Lecture starts at 12:30PM Scholars Lecture Topic - LUNAR EXPLORATION. 2:00 PM IMAX film - WILD CALIFORNIA Lecture takes place in the William & Grayson Boehm Forum.

*(Continued on page 4)*

## MEMBERSHIP INFORMATION

Nonmembers are always welcome at club meetings. Membership applications are available there and you may join and get your membership card right away. Membership applications also can be downloaded from the club web site:

[www.ski-dondiego.org](http://www.ski-dondiego.org)

Or if you desire, you may contact our membership chairman,

**Noni Henning (619-437-8941)**, who will mail a membership application to you.

The yearly club dues are \$30 for a single membership (\$45 for a family membership) and you obtain the newsletter from our web site. For an additional \$10.00, the newsletter will be mailed to you.

## TRAVEL NEWS

By Connie Smith, Travel Director 619-795-2121

(Connie is currently in Hawaii and sends this message)

I'm working on trips for next year. We need trip leaders and volunteers. Aloha, from Hawaii.



### Pictured below

It's a wrap! The 2008-2009 Mammoth ski season illustrated by "director" Rick Webb



## Some Ski Industry News (reprinted from the NATIONAL SKI CLUB NEWS newsletter)

### **GLOBAL WARMING CLAIMS WORLD'S HIGHEST RESORT**

A report from Yale Environment 360 states that the Chacaltaya Ski Area in Bolivia, formerly the world's highest, has stopped operating because the snow field on which it was located has melted away due to global warming. Chacaltaya was once Bolivia's only ski resort and the world's highest. Now it's a barren, russet moraine studded with clues of its past: a lonely chunk of ice sticking out like an elongated diving board and a dirty white signpost with the fading graphic of a cartoonish condor on skis.

### **SKIER DAYS DOWN JUST OVER 5% LAST SEASON**

The National Ski Areas Association reports that skier days will be about 57 million last season -- off from 2008-2009's 60.5 million skier days -- but about even with the industry's last-five-year average.

### **HELMET USE CONTINUES TO GROW**

Vail Resorts announced that the employees of their five ski resorts must wear helmets while skiing beginning next season. The company also stated that children ages 12 and below would be required to wear helmets while in ski lessons and that helmets would be included in kids' equipment rental packages

unless the parent signs a waiver declining helmet use.

Quebec is considering mandatory helmet use following the death of actress Natasha Richardson, and the Austrian federal government and two of its states -- Carinthia and Vorarlberg (which contains the Arlberg Region) -- are considering helmet laws following several accidents in Austria this season. New Jersey considered such a bill in 2001, and Michigan did so in 2008, but neither bill passed, and to our knowledge no laws requiring helmets exist in North America or Europe at the present.

We did notice that more Europeans were wearing helmets while skiing in Switzerland this past season. A couple of years ago it seemed that if a skier was wearing a helmet on European slopes, they were usually American. No longer. This season, it seemed that ski helmet wearers spoke German, Italian, or French much more often than they spoke English.

In the U.S., NSAA studies show that 43% of skiers and boarders are now wearing helmets, compared with 25% in the 2002-03 season -- with the percentages of kids doing so varying inversely by age, 60% of those 10 to 14 wore helmets, and 70% ages 9 and below wearing them.



## Racing wrap-up - 2008-2009 ski season



DDSC had excellent racing results during the 2008-2009 ski season with each of the nine racers winning at least one medal during the course of the season. The nine racers were Eileen Weiner, Roy Akridge, Bob Brower, Joanna Cikste, Karl Cikste, Cecelia Cobb, Eric Cobb, Carl Cobb (our racing director), and Phil Olsen (our snowboarder). DDSC came in 3rd in the overall standings for the San Diego Alpine League. The two

top clubs had many more racers—hence more awarded points. DDSC probably would come in 1st if the award was based on the percentage of medal winners from the club racing pool (i.e. 100% for DDSC)

Many thanks to Roy and Eileen for organizing the Racing Awards affair at Leilani's restaurant (*see the pictures below*).



Eileen, Roy, Karl, Phil, and Carl with their medals



Roy and Eileen awarding the medals



### GRINDELWALD, SWITZERLAND SKI TRIP

MARCH 12 – 21, 2010

\$1,897 per person\*\*

[www.skisandiego.org](http://www.skisandiego.org)

The quaint Village of Grindelwald is nestled at 3,393ft at the floor of the Eiger. Three major ski areas offer 132 miles of prepared ski slopes, 44 chair lifts, 37 miles of toboggan runs and 50 miles of winter footpaths. Trains are used to help shuttle skiers up the mountains. A special experience is the excursion to the highest railway station in Europe, the Jungfrau-Joch-Top of Europe, 11,332 feet.

- Stay 7 Nights at 3-star Hotel Derby
- Stay 1 Night in Zurich with time to sight see
- Fly round trip from San Diego to Zurich on Delta
- Private motor coach from Zurich to Grindelwald
- Daily Breakfast and 5 days of Dinners included
- Group dinner event included
- Optional day tours and individual extensions



\*\*Approximately Double occupancy. Price includes air & departure taxes, approximately \$330. Single supplement available.

### POST TRIP March 20 – 24 Ski Zermatt & Cervinia, Italy \$632 per person\*\*\*

- Stay 3 Nights at 3-star Hotel Taescherhof
- Stay 1 Night in Zurich
- Daily Breakfast and 3 days of Dinners included
- 2-Day lift ticket to ski Zermatt & Cervinia, Italy
- Optional 3-Day lift ticket
- Transportation via Swiss Rail



\*\*\*Double occupancy. Ask about single supplement.

**Deposits:** \$225 deposit per Grindelwald Ski trip participant and \$150 deposit per Ski Zermatt/Cervinia participant. A \$25.00 fee will be charged for all cancellations. Cancellation fee information after October 15, 2009 will be included with your deposit confirmation.

**Make checks payable to San Diego Council of Ski Clubs (SDSC).** Please include the following:

- (1) your legal name & address
- (2) phone numbers
- (3) email address
- (4) designate Grindelwald or Grindelwald/Ski Zermatt extension

**Mail to:** Susan Shaffer, 12384 Sardina Cove, San Diego, CA 92130  
**Home:** (858) 481-50543 **Cell:** (858) 525-5992 **Email:** [susansnowdrifter@yahoo.com](mailto:susansnowdrifter@yahoo.com)

Trip insurance is available and recommended. Contact me for additional information. CST #2083329-40

## San Diego Padres Baseball 2009

### Padres vs Oakland Athletics

Saturday, June 20, 2009, at 7:05 p.m.

**Cost is \$19.00 per ticket**

(That is two dollar less than the normal \$21.00 cost per ticket)

**Promotion is Padre Cap Give-a-way**

Join us for a good old fashion baseball game. Bring your friends, family neighbors and kids at this special discount price. We have plenty of tickets available for the game. Join the fun. Tickets will be available to purchase during the Ski Club Meetings or you may order tickets through the mail. Send your check for the number of tickets requested to: Carl Cobb, 3644 Zola Street, San Diego, California 92106 & include a self addressed stamped envelope.

**See you at the game!**

Tailgate at J2 at Qualcomm Stadium (before the game) 3:30 p.m. to 6 p.m.  
 Park at Qualcomm for free and ride the trolley to and from the game!

For additional information call Carl Cobb at (619) 222-5015.

## SUMMER SAFETY

by Rodgers Magee



### SUNSCREEN:

Don't be fooled by GRAY- MAY or by JUNE GLOOM as we can still get a deep and serious burn. All exposed areas of the skin should be covered in waterproof, broad-spectrum, Sun Protection Factor (SPF) 50+ or better, sunscreen. Apply sunscreen about 20 minutes before venturing outside to allow absorption time.

Ultraviolet UVB rays cause the burn; UVA are the rays that cause skin cancer.

In a recent article published in Archives of Dermatology, University of Montreal, states:  
*When shopping for sunscreen, look for the products that contain the ingredient avobenzone ( Parsol 1789). This substance protects against long-wave ultraviolet (UVA) to guard against the possibility of cancer.*  
 Brands include PreSun, Ultra, and Ombrelle. The SPF sunscreen number tells you how long you can stay in the sun before you may need to reapply.

### UV DANGERS:

Ultraviolet (UV) radiation, produced by the sun, tanning beds and lamps is carcinogenic (cancer causing agent) and increases the risk of all types of skin cancer. Specifically, sunshine contains UVB radiation which causes tanning and sunburn, and UVA radiation, which damages deeper skin layers. Tanning beds produce primarily UVA radiation and should be avoided.

**IMPORTANT:** UVA skin damage can occur even if your skin does not appear red.

*(Upcoming Activities, continued from page 1)*

### Saturday, July 25th - Gaslamp Tour:

Let's meet at the Gaslamp Quarter Historical Foundation located at 4th and Island Ave at 10:45 AM for a guided walking tour of The Gaslamp area. Tours depart from this museum at 11:00AM. Cost is \$10 or \$8 for 55+. The Tour last 2 hours and is concluded with a 20 minute tour of the Museum. We can do Lunch afterwards.

### Pictured below:

Bayside trail hike at the Cabrillo National Monument



Stating out at the top



Bill, Millie, Carolyn, and Bonnie at the bottom of the trail

## Officers and Directors

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Some picture highlights from the DDSC post trip party at the Silver Gate Yacht Club on May 16.

Many thanks to Connie Smith for organizing this auspicious event. The food (Italian buffet) was excellent and the camaraderie was great .



Larry, Darlene, Ross, and Shannon



Connie leading the way at the buffet

## Chekwa Garden Tour at the Barona Valley Resort

20 DDSC members had a superb tour of the gardens and grounds of the Barona Valley Resort on May 21. The tour started at Chekwaa Gardens, followed the landscaped grounds to the golf course, then to the Rose Garden, and finally ended two hours later with an excellent complimentary lunch in the Casino (*see picture on the next page*).

The environmental and ecological approach to creating and maintaining these grounds (in particular water conservation) is truly amazing. Much of the credit for this belongs to Kathleen Eagle, director of ornamental horticulture. When it comes to landscaping, other San Diego area casinos are 2nd class by comparison.



Barona Valley Resort Hotel



Chef's Garden at Chekwaa Gardens



Bill contemplating by the Koi pond



Our guide Kathleen Eagle with some explanations



In the Rose Garden



In the Rose Garden

**June 2009**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4 FWSA Convention	5 FWSA Convention	6 FWSA Convention
7 FWSA Convention	8	9	10	11	12	13
14	15	16 Mingei International Museum visit	17	18	19	20 Padre Baseball Game
21 Summer Solstice	22	23	24	25	26	27
28	29	30				

**June Birthdays**

Robert Fay	06/04	Judy Williams	06/19
Phil Olsen	06/06	Judy Porter	06/24
Marie Richard	06/08	Connie Saindon	06/29
Bernie Bautista	06/08	Sara Tully	06/29
Larry Pickering	06/17		

**July Birthdays**

Gordon Shaw	07/03	Don Rau	07/15
Judy Millin	07/03	Martha Bryson	07/17
Sigrid Mikuteit	07/09	Bob Bauersfeld	07/17
Cindy Benner	07/10	Sally Heilpern	07/20
Joanna Cikste	07/10	Bob Ingram	07/27
Ross Little	07/10	Rose Emry	07/28
Mac Macdonald	07/12	Sabina Alberti	07/28
Mary Levas	07/14	A.J. Daitch	07/30
John Watson	07/14		

**August Birthdays**

Charles Bishop	08/08	Bonnie Fritts	08/19
Al Cherman	08/09	Mike McCutcheon	08/21
Neil Berkowitz	08/13	Edward Buchner	08/27
Don Bentrott	08/16	Bruce Barr	08/30
Mary Beth Parks	08/16	Dianna Downey	08/31



Picture above: Fancy lunch at the Barona Casino following the garden tour

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